

2009/2010 SEASON CALENDAR

MONTH	DATE	EVENT	VENUE
August 2009	Sunday 16	Registration Day (9 a.m. to 11 a.m.)	Rotary
	Saturday 22	Registration Day (2 p.m. to 3.30 p.m.)	Rotary
September	Saturday 5	Competition starts	Rotary
	Tuesday 8	Club training starts	Rotary
	Sunday 27	BEIC Course hosted by NSLAC	Rotary
October	Saturday 17	NSLAC Age Group Photo Day	Rotary
	Saturday 17	Trans Tasman Trial Entries close at NSLAC Desk*	See Registration Desk
	Saturday 24	State Relay Team Entries close at NSLAC Desk*	See Age Manager
	Saturday 24	Ribbon Day	Rotary
	Mon 28 & Tue 29	PSSA Athletics (Primary State)	SOPAC
	Saturday 31	NSLAC Age Group Photo Back up date	Rotary
	Saturday 31	Athlete must return Zone Event nominations to Age Manager	See Age Manager
	Saturday 31	State Relay Team Members to be named	Age Managers
	November	Sunday 1	Trans Tasman Trials (U11 & U12 only)*
Thur. 5 to Sun. 8		NSW All Schools Track and Field Championships	SOPAC
Saturday 7		Zone Team Entries Close at NSLAC Desk*	See Age Manager
Saturday 7		State Relay Team Training commences	See Age Manager
Saturday 28		Junior (U8-U11) State Relays*	SOPAC, Homebush
Sunday 29		Senior (U12-U17) State Relays*	
Sun.29 - Wed 2 Dec		PSSA Athletics (Primary Nationals)	SOPAC - TBC
December		Fri. 4 to Mon. 7	Australian All Schools & Youth Olympics
	Saturday 5	Last Saturday at Rotary for 2009	Rotary
	Wednesday 9	Last Club Training for 2009	Rotary or Ryde
	Saturday 12	Northern Metropolitan Zone Championships * / ** First Back up date: Saturday 30 January 2010	Barton Park, Parramatta
	Sunday 13	Northern Metropolitan Zone Championships * / ** First Back up date: Sunday 31 January 2010	Barton Park, Parramatta
January 2010	Saturday 9	Recommence at Rotary for 2010	Rotary
	Thur. 7 to Tues. 19	Trans Tasman Tour and Challenge	Auckland
	Tue 19 or Wed. 20	Recommence club training for 2010	Rotary
	Saturday 30	Zone Wet weather back up	Barton Park, Parramatta
February	Saturday 6	NSLAC Multi-Event Championship	Rotary
	Saturday 6	NSLAC Candid Photo Day	Rotary
	Saturday 6	State Multi Entries Close at NSLAC Desk*	See Registration Desk
	Saturday TBA	Regional Championships	Narrabeen
	Sunday TBA	Regional Championships	Narrabeen
	Saturday 20	NSLAC Multi-& Candid Photos Back up date	Rotary
March	Saturday 6	State Multi-Event Championships*	Shoalhaven High School, Park Road, South Nowra
	Sunday 7	State Multi Event Championships*	Shoalhaven High School, Park Road, South Nowra
	Saturday 13	Last competition for 2010	Rotary
	Wednesday 17	Last Club training session for 2010	Rotary
	Friday 19	State Track and Field Championships (6-9pm)	SOPAC, Homebush
	Saturday 20	State Track and Field Championships	SOPAC, Homebush
	Sunday 21	State Track and Field Championships	SOPAC, Homebush
April	Sunday 18 TBC	Presentation Day and Picnic	St. Ignatius College, Riverview TBC
April	Sunday 25	Australian Little Athletics Championships (U13 & U15 only)	Uni. Of Queensland, St.Lucia
May	Wednesday 12 TBC	NSLAC Annual General Meeting	North Sydney Leagues Club TBC
July	Sunday 4	State Cross Country/Road Walks (entries on day)	Stewart Street, Tuncurry Mid North Coast

* Please note, entries cannot be submitted individually. They MUST be submitted in advance, through NSLAC, and MUST be submitted as per dates above. Late entries ARE NOT accepted and competitors cannot take part if entry has not been finalized in advance.

** The backup dates due to inclement weather are on a **day for day basis** and not for the entire Zone carnival. Please check with the desk for clarification if necessary. Venues will remain the same.